



Build Stronger, More Resilient Workplaces

A Virtual Event for Employers and Leaders



Presenter Kristi Monsour,
MA ECMH-E®

Kristi holds a bachelor's degree in Child and Family Studies and a master's in Clinical Mental Health and School Counseling.

A licensed school counselor with an endorsement in Infant and Early Childhood Mental Health, she began her career in high schools before joining Head Start in Central Minnesota as Mental Health Coordinator, where she focused on early childhood as a key driver of long-term outcomes and systems change. She was recently selected for the Office of Head Start National Fellowship in Washington, D.C., expanding her national leadership perspective.

As Interim Executive Director of Ellison Center, she focuses on systems improvement, organizational growth, and collaboration to create lasting impact for children, families, and communities in Central Minnesota.

Thursday, April 2

9:00 am – 10:30 am

Participants will gain practical strategies for:

- Supporting employees effectively
- Strengthening leadership responses
- Creating psychologically safe environments
- Building resilient workplace cultures



This virtual workshop expands on key concepts previously shared in the last event, offering a more in-depth perspective on how trauma impacts workplace performance, engagement, and culture through real-world scenarios and solution-focused tools.

This session equips employers to move from awareness to meaningful, sustainable action.

Join us to continue the work—because informed leadership creates resilient workplaces.

Ellison Center

CMJTS

CENTRAL MINNESOTA
Jobs & Training Services



www.cmjts.org

Equal Opportunity Employer and
Program Provider



SCAN TO REGISTER TODAY!

For more information, contact Lori Kampa at lkampa@cmjts.org or follow the QR code to register for this virtual event.

Funding provided through MN Retain

Upon request the information in this document can be made available in alternative formats for people with disabilities by calling 763-271-3700 or info@cmjts.org

A proud partner of the americanjobcenter network | CareerForce